

ADHD affects multiple aspects of a child life. The to which ADHD has impacted your family life a ment based on what is reported.	
Child Name:	Date:
Diagnosis:	Diagnosis Date:
HEALTH AND NUTRTITION	
Medication(s) prescribed:	
How often is child medicated:	What time is medication given?
What time does child eat breakfast?	
What time does child eat lunch?	What time does child eat dinner?
What times are snack given?	
Does your child finish his meals?	What percentage of meals are eaten?
When is your child most hungry?	
Any allergies?	Food Sensitivities:
WHAT DOES YOUR CHILD'S DIET CONSIST OF?	
List names of common foods you generally pro	vide your child:
1	6
2	7
3	8
4	9
r	10



ADHD Symptoms:

Please check those that apply:

INATTENTION						
A child who shows a pattern of inattention may often:						
☐ Fail to pay close attention to details or make careless mistakes in schoolwork						
Appear not to listen, even when spoken to directly						
$\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ $						
☐ Have trouble organizing tasks and activities						
$\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ $						
$\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ $						
☐ Be easily distracted						
Forget to do some daily activities, such as forgetting to do chores						
HYPERACTIVITY AND IMPULSIVITY						
A child who shows a pattern of hyperactive and impulsive symptoms may often:						
☐ Fidget with or tap his or her hands or feet, or squirm in the seat						
☐ Have difficulty staying seated in the classroom or in other situations						
☐ Be on the go, in constant motion						
\square Run around or climb in situations when it is not appropriate						
☐ Have trouble playing or doing an activity quietly						
☐ Talk too much						
☐ Blurt out answers, interrupting the questioner						
Have difficulty waiting for his or her turn						

☐ Interrupt or intrude on others' conversations, games, or activities



WHAT WAS THE LATEST ADHD INCIDENT THAT CONCERNED YOU?					

PARENTING

Which parenting Style describes you best?

The 4 Parenting Styles

Permissive

- Child-driven
- Rarely gives or enforces rules
- Overindulges child to avoid conflict

Authoritative

- Solves problem together with child
- Sets clear rules and expectations
- Open communication and natural consequences

Neglectful

- · Uninvolved or absent
- Provides little nurturance or quidance
- Indifferent to child's social-emotional and behavioral needs

Authoritarian

- Parent-driven
- Sets strict rules and punishment
- One-way communication, with little consideration of child's social-emotional and behavioral needs

DEMANDINGNESS -



TELL US ABOUT YOUR HOME LIFE AND THE BEHAVIORS THAT CONCERN YOU THE MOST ABOUT YOUR CHILD?					
Question	Parent #1	Parent #2			
Which parenting Style describes you best?					
What was the style of your parents?					
Does child listen to you when you make a request?					
Does your child listen to your partner?					
What type of parenting style does your partner have?					



Question	Parent #1	Parent #2				
Do you agree with the way your partner parents?						
Do you believe parenting difference is affecting your relationship?						
Do you know or suspect, if either you or your partner has ADHD?						
How would you rate your success as a parent with your child who has ADHD?						
HOW DO YOU DEAL WITH SCREEN TIME AND CHORES?						
DESCRIBE THE TYPICAL PROC	ESS YOU USE FOR DISCIPLINING Y	OUR CHILD WHO HAS ADHD?				



	WHAT HAS BEEN EFFECTIVE?	WHAT HAS NOT BEEN EFFECTIVE?
	DO YOU HAVE A REWARD SYSTEM TO REINF	ORCE POSITIVE BEHAVIOR?
SI	IBLING RELATIONSHIP	
	Do you have other children?	
	☐ Yes ☐ No	
	Is there conflict (more than average or expec	ted) between siblings and the child who has ADHD?
	☐ Yes ☐ No	
	Do you ask your children to look after or sup	ervise your child with ADHD?
	☐ Yes ☐ No	
	Have your other children disclosed that they	have resentment towards child with ADHD?
	☐ Yes ☐ No	
	Do you play favoritism at all?	
	☐ Yes ☐ No	
	Are you more lenient with your child who has	s ADHD?
	☐ Yes ☐ No	
	Are your expectations different for your child	d who has ADHD?
	☐ Yes ☐ No	



	How do you manage dissension among siblings?						
SC	OCIAL SKILLS						
	Does your child have friends at school? How many?						
	☐ Yes ☐ No						
	Does your child get along with other kids at school?						
	☐ Yes ☐ No						
	What is the last incident with a peer that caused you concern?						
	Does your child have siblings? How many?						
	☐ Yes ☐ No						
	Does your child get along with siblings?						
	☐ Yes ☐ No						
	What is the last incident with a sibling that caused you concern?						
	Does your child get invited to birthday parties, play dates? How many?						
	☐ Yes ☐ No						
	Is your child engaged in sports or other group activities?						
	☐ Yes ☐ No						



Is there apything also you think	yo should know about your child's social skills?	
is there anything else you think t	ve should know about your child's social skills?	
EARNING SECTION		
Is your child diagnosed with any	earning disorders?	
☐ Yes ☐ No		
List:		
1	4	
2	5	
3	6	
Does your child have any learning	g differences?	
☐ Yes ☐ No		
List:		
1	4	
2	5	
3	6	
Has your child completed a Psych	oeducational assessment?	
☐ Yes ☐ No		
Does your child have an IEP?		
☐ Yes ☐ No		
Is child able to complete homew	ork without your help?	
☐ Yes ☐ No		



Do you currently utilize a tutor?
☐ Yes ☐ No
Best and most successful subject: Worse and least successful subject:
Teachers' greatest complaint:
What are your greatest concerns regarding school?
If your child is frustrated academically, how do they react?
Is your child able to independently learn, study or complete homework without your intervention?



Reco	mmendati	ions:			